North Carolina Area Health Education Centers

Fiscal year 2025 (July 2024-June 2025)

The North Carolina Area Health Education Centers (NC AHEC) Program has been working since 1972 to bridge academia and community to address national and state concerns with the supply, distribution, and retention of health care workers.

NC AHEC consists of a network of nine regional AHECs, the Duke AHEC Program, and the NC AHEC Program Office. NC AHEC succeeds through our important partnerships with the State, health systems, and other statewide and regional organizations and because of the trust of those we serve.

Below are some highlights from fiscal year 2025.

Creating a healthy North Carolina by recruiting, training, and retaining the health care workforce, with a focus on primary care in rural and underserved communities



HELPED RECRUIT THE NEXT GENERATION OF HEALTH CARE WORKERS AND SUPPORTED THEIR EDUCATION



Fostered interest in health care careers in pre-college youth and rural health in college students

NC AHEC promoted health care careers to **2,972** pre-college youth from **63** counties at 118 events and supported **230** AHEC Scholars from **42** NC colleges.



Provided housing for community-based rotations for health sciences students

NC AHEC provided **52,208** nights of housing for students from more than **18** colleges or universities doing **1,402** rotations in **42** counties across North Carolina.



Improved retention of primary care medical residents

Southern Regional and Mountain AHECs sponsored residencies in their regions and NC AHEC financially supported residencies in other NC programs. AHEC-supported residents are more likely to remain in NC; **54%** of the **429** residents remained in NC.

MET THE CONTINUING PROFESSIONAL DEVELOPMENT NEEDS OF HEALTH CARE WORKERS



Delivered high-quality continuing professional development

56,099 health care workers, covering all **100** counties, each attended an average of **4** of the **2,270** NC AHEC events in FY2025. **13%** of the health care workers were physicians and **22%** were registered nurses.



Awarded credit needed for providers' credentials

522,524 credit hours were awarded to participants who attended NC AHEC events, covering **67** different types of credit, including **17,910** hours of National Board of Certified Counselor training and **13,021** Category A contact hours for NC psychologists.



Furthered the use of innovative care management

NC AHEC partnered with NC DHHS to support **92** practices to implement Collaborative Care, **87** sites to deploy Tailored Care Management, **511** individuals to participate in the Practice Managers Academy and **400** Community Health Workers to improve their skills.

SUPPORTED THE HEALTH CARE WORKFORCE



Helped medical practices succeed

NC AHEC directly supported **1,083** primary care, specialty or behavioral health medical practices across **99** counties, including helping with managing new payment models and health care reforms, while also enhancing quality and reducing costs.



Gave care providers access to the most up to date information

NC AHEC provided over **50,000** library services to health care workers from **83** counties, including performing literature searches, lending documents, and answering reference questions.



Addressed North Carolina's health workforce crisis

The NC Center on the Workforce for Health, a recent addition to NC AHEC, supported **7** AHEC regions to prepare or operationalize regional employer-led collaboratives to define and respond to local health workforce priorities, coordinated the state agency efforts to align health workforce initiatives, and is now recognized as the state's nursing workforce center.

For more information, please contact Hugh Tilson, Director, <u>Hugh tilson@ncahec.net</u> or 919-961-6242.

