The Mental Health Association in Forsyth County, Inc.
1509 S. Hawthorne Road
Winston-Salem, North Carolina 27103
Phone 336-768-3880 ♦ Fax 336-768-3505 ♦ www.triadmentalhealth.org
facebook.com/triadmentalhealth

Mental Health Resources for Individuals in Crisis

Daymark Recovery Services Open Access & Behavioral Health Urgent Clinic
650 N. Highland Avenue, Suite 100; Winston-Salem, NC 27101
336-607-8523

Daymark Recovery Services -- Mobile Crisis/Engagement Services - 24/7
1-866-275-9552

Novant Behavioral Health Assessment Center – Call to schedule an appointment
175 Kimel Park Drive, Suite 100; Winston-Salem, NC 27103
336-718-3550

Old Vineyard Behavioral Health 24-hour Assessment Center
3627 Old Vineyard Road; Winston-Salem, NC 27104
1-888-477-1287
1-855-234-5920

Local/Regional 24-hour mental health crisis/call services

- **1-866-275-9552 (Daymark Recovery Services - Mobile Crisis/Engagement Services)**
- **1-800-939-5911 (Cardinal Innovations Healthcare - Crisis # and to Access Services)**
- **1-800-718-3550 (Novant Behavioral Health Outpatient & Assessment Center)**
- **1-800-273-8255, ext. 1 (Veterans Administration Crisis Line)**

National 24-hour mental health crisis/helplines

- **1-800-273-TALK (1-800-273-8255) – National Suicide Prevention Lifeline**
- **Veteran's Crisis Line - 1-800-273-8255, ext. 1**

Local Law Enforcement -- If at all possible and -- depending on the circumstances -- ask for an officer trained in "CIT" (Crisis Intervention Team)

- **Winston-Salem Police Department** — **Emergency: 9-1-1**
  Non-Emergency Number: 336-773-7700
- **Kernersville Police Department** — **Emergency: 9-1-1**
  Non-Emergency Number: 336-996-3177
- **Forsyth County Sheriff's Office** — **Emergency: 9-1-1**
  Non-Emergency Number: 336-727-2112

NOTE: If the situation is a medical crisis or a life-threatening emergency and/or if "all else fails" call 9-1-1 (emergency) or go to the nearest emergency room.