

# Practical Pediatrics Conference 2024

Friday, April 12 – 8:30 am - 5 pm

Saturday, April 13 – 8:30 am - 12:15 pm

Bridger Field House  
499 Deacon Blvd.  
Winston-Salem, NC

## Who Should Participate

This continuing medical education activity is intended for pediatricians, as well as family medicine physicians, physician assistants, nurse practitioners and nurses who provide care to infants, children and adolescents.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability or age.

## Program Overview and Objectives

The purpose of Practical Pediatrics 2024 is to offer providers current information relevant to the care of infants, children and adolescents in the outpatient setting.

**Upon completion of this program, participants should be better able to:**

- Learn about the dangers their patients face when engaging online.
- Gain practical and effective strategies to guide parents in their practice regarding online child safety.
- Learn how to help parents navigate a response when a child has experienced sextortion.
- Engage law enforcement when a patient has been exploited.
- Highlight recent advances in the field of pediatric infectious diseases.
- Understand the different phases of hemostasis.
- Recognize clinical findings associated with congenital bleeding disorders.
- Understand the evaluation and treatment of acquired bleeding disorders.
- Clearly define adolescent Abnormal Uterine Bleeding parameters that require workup versus reassurance.
- List the necessary labwork for patients with Abnormal Uterine Bleeding who meet metrics for workup.
- Create their own quick list of easy go-to treatments.
- Recognize sentinel injuries in young children.
- Understand when a report to CPS is warranted and the importance of making a report.
- Apply the clinical decision rule on bruising to their clinical practice.
- Learn first steps in the evaluation of children and adolescents with obesity.
- Learn appropriate screening tests for common comorbidities.
- Understand the components of Intensive Health Behavior and Lifestyle Treatment for obesity.
- Become familiar with the pathophysiology of obesity and how anti-obesity medications treat this pathology.
- Learn how to positively support patients undergoing obesity treatment in the primary care setting.
- Recognize the importance of focusing on health behaviors, not weight loss, in eating disorder prevention.

Provided by:

Wake Forest University School of Medicine Department of Pediatrics and Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and a part of the North Carolina AHEC System.



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Register online at [www.nwahec.org/72176](http://www.nwahec.org/72176)



**Wake Forest University**  
**School of Medicine**

**NORTHWEST AHEC**  
PART OF NC AHEC

## Objectives (continued)

- Learn guidelines for lipid screening for children.
- Be familiar with treatment and referral recommendations.
- Provide an overview of specific learning disabilities.
- Recognize risk factors and early signs of learning disabilities that can be identified in the primary care clinic.
- Define Type 2 Diabetes apart from other types of diabetes and prediabetes.
- Understand when to refer and when they can manage in primary care.
- Understand the differences between primary and secondary enuresis.
- Recognize categories of monosymptomatic and nonmonosymptomatic enuresis.
- Learn what treatments can be managed by primary care and when to refer.

## Wake Forest University School of Medicine Faculty

### Amanda Blair, MD

Clinical Associate Professor, Pediatrics

### Steve Hodges, MD

Professor, Urology

### Gail M. Cohen, MD, MS

Clinical Professor, Pediatrics

### Joseph A. Skelton, MD, MS

Professor, Pediatrics

### Michelle J. Curtin, DO

Clinical Associate Professor, Pediatrics

### Stacy Thomas, MD

Clinical Assistant Professor, Pediatrics

### Karen R. Gerancher, MD

Clinical Professor, Obstetrics and Gynecology

### Elizabeth Walsh, MD

Clinical Associate Professor, Pediatrics

### Julianne Green, MD, PhD

Clinical Associate Professor, Pediatrics

### Lisa Watson, NP

Nurse Practitioner, Levine Children's Healthy Futures

## Guest Speaker

### Detective Darin Odier

Indianapolis Metropolitan Police Department Internet Crimes Against Children Unit  
FBI Task Force Officer

## Conflict of Interest Policy

It is the policy of Wake Forest University School of Medicine to require disclosure of any financial interest or any other relationship a faculty member or planning committee member has with the manufacturers of any commercial products or services discussed in an educational presentation. This information can be found in the activity materials distributed at the meeting.

## Agenda

### Friday, April 12

- 7:45 am Registration / Continental Breakfast
- 8:30 am Pediatric Lipids for the Primary Care Provider  
Joey Skelton, MD
- 9:15 am The Type 2 Diabetes Mellitus Eras  
Elizabeth Walsh, MD
- 10 am Break
- 10:15 am Bleeding Always Stops. A Guide So Practical You Can Use It Tomorrow!  
Karen Gerancher, MD
- 11 am What's New in Peds ID around NC  
Julianne Greene, MD, PhD
- 11:45 am Lunch
- 1:15 pm Anti-obesity Medications: The Case for Treating Obesity as a Chronic Disease  
Lisa Watson, NP
- 2 pm Understanding Learning Disabilities  
Michelle Curtin, DO
- 2:45 pm Break
- 3 pm A Quick Trip Through the 2023 AAP Obesity Clinical Practice Guidelines  
Gail Cohen, MD
- 3:45 pm Keeping Children Safe Online  
Detective Darin Odier, Guest Speaker
- 4:45 pm **Wrap Up / Adjourn**

### Saturday, April 13

- 8 am Continental Breakfast / **Welcome**
- 8:30 am Practical Responses and Guidance for Parents Regarding their Children's Safety Online  
Detective Darin Odier, Guest Speaker
- 9:30 am Bedwetting  
Steve Hodges, MD
- 10:15 am Break
- 10:30 am Hemostasis and Bleeding in Children  
Amanda Blair, MD
- 11:15 am The TEN-4 on Sentinel Injuries  
Stacy Thomas, MD
- 12 pm **Wrap Up / Adjourn**

## Credit

- The Wake Forest University School of Medicine designates this live activity for a maximum of 10.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Accreditation:** Wake Forest University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

- 10.0 Contact Hours from Northwest AHEC

- 10.0 Nursing Contact Hours

Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general [Credit Glossary](#), but note that not all programs offer all credits.

## Cost and Registration

\$300 – Physician Registration Fee

\$150 – Non-Physician Registration Fee

Registration fee includes instructional, administrative costs, certificate of completion and program materials.

Register and pay online at [northwestahec.org/72176](http://northwestahec.org/72176).

Payment by Visa, MasterCard, American Express, Discover and Atrium Health Wake Forest Baptist internal transfer is accepted.

**Payment Policy:** Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received before the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment has been received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment before the event date.

**Refund Policy:** Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and two full business days prior to the first day of the event will be refunded at 70 percent of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Please email cancellations to [lisathom@wakehealth.edu](mailto:lisathom@wakehealth.edu). You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as equipment, technology services, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

Note - Attendance at this activity grants permission for Northwest AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify a Northwest AHEC staff member if you have concerns.

## For More Information and Assistance

If you have not received confirmation of your registration 24 hours before the program date, please call Lisa Thomas at 336-713-7729 or email [lisathom@wakehealth.edu](mailto:lisathom@wakehealth.edu) to verify the status of your registration.

We want to ensure that all participants can benefit from our program. If you need auxiliary aids or special services to attend this program, please call or email Lisa Thomas at least 5 working days prior to the program.